

Scottish Athletics Limited
Road Running and Cross Country Commission

Minutes of Meeting of Wednesday 5th December 2012 held at 6.30 p.m.
in SAL Offices, Caledonia House, South Gyle, Edinburgh

Present: Ron Morrison, (Convener); Alex Jackson, (Secretary); Marjory Cook; Graham Sword; Alan Potts; Tom Ferrington; Leslie Roy; Mike Johnston; Mark Pollard and Ian Hislop.

Apologies: Margaret Daly; Clare Barr; Sophie Dunnett and Nigel Holl

1. Chairman's Welcome and Opening Remarks

1.1 Ron welcomed everyone to the meeting and invited any additional agenda items to be starred.

2. Congratulations

Congratulations were noted to the following:

- Ross Houston (Central AC) and Avril Mason (Shettleston H) for their wins in the Men's and Women's SAL Marathon Road Race Individual Championships respectively on 30/9/2012.
- Kerry-Liam Wilson (Ronhill Cambuslang H) and Avril Mason (Shettleston H) for their wins in the Men's and Women's SAL Masters Marathon Road Race Individual Championships respectively on 30/9/2012.
- Perth RR and Carnegie H for their wins in the Men's and Women's SAL Marathon Road Race Team Championships on 30/9/2012.
- Ross Houston (Central AC) and Gemma Rankin (Kilbarchan AAC) for winning the Men's and Women's SAL Road Running Grand Prix 2012 respectively.
- Central AC for winning both the Men's and Women's SAL Cross Country Relays on 27/10/2012.
- Mark Mitchell (Forres H) and Rhona Auckland (Edinburgh University H&H) or their wins in the Men's and Women's SAL 4K Cross Country Individual Championships respectively on 11/11/2012.
- Central AC and Kilbarchan AAC for their wins in the Men's and Women's SAL 4K Cross Country Team Championships respectively on 11/11/2012.
- Central AC and Kilbarchan AAC for their wins in the Men's and Women's SAL Cross Country Team Challenge (Short Course).
- Rosie Smith, Scott McDonald, Beth Potter, Rhona Auckland and Luke Traynor for their selection to represent Great Britain at the European Cross Country Championships in Budapest on 9/12/2012.
- Central AC men for winning the UK Club Trial to represent the UK in the European Club Championships in Castellon, Spain on 3/2/2013.

3. Minutes of the previous meeting of 19th September 2012

3.1 The minutes having been pre-circulated for accuracy and amendments were noted were noted as approved.

3.2 Actions cleared:

Number	Action	Reason for clearance
RRCC2011-1	World 24 hour event 2013	No progression and too close to the proposed date.
RRCC2011-44	Masters Awards at District Championships (10 year Bands)	Cleared at last meeting with update to District awards.
RRCC2012-1	Refreshing the Commission Membership	Superseded by Action: RRCC 2012-35: RM/MD
RRCC2012-1	UKA Officials Courses	Course tutors trained
RRCC2012-7	Inter-District Championships and Nova	Resolved with Nova – see enclosed paper*.

Scottish Athletics Limited
Road Running and Cross Country Commission

Number	Action	Reason for clearance
RRCC2012-15	Representation Lists on the Archive	Superseded by Action: RRCC 2012-38: AJ – Performance and Participation Targets* (MP) and RRCC2012-47.
RRCC2012-32	15K Trail Championship	Set up for Falkland Estate on Saturday 25/5/2012. Selection for Nova International
RRCC 2012-35	Commission Membership	Resolved with the appointment of Clare Barr
RRCC2012-45	YARR venue	Heriot-Watt University
RRCC2012-46	Selection Committees	On Archive.

3.3 Actions Outstanding:

Action: RRCC2012-6: LR/RM – Endurance Officials and the Officials Commission
Action: RRCC2012-14: LR – Name of SAL Selection Committee*
Action: RRCC2012-17: AJ/MP – Missing Gunstone Millenium Trophy
Action: RRCC2012-18: RM – Write to Peter Jackson
Action: RRCC2012-31: RM/NH/AJ – Entries, Programmes and Results
Action: RRCC 2012-36: NH/MJ/RM – Season Structure – Road Relays
Action: RRCC 2012-37: NH/MJ – International RR Budget
Action: RRCC 2012-38: AJ – Performance and Participation Targets* (MP)
Action: RRCC2012-39: TF/RM/AJ/MP/MJ – The Future of Grand Prix Events*
Action: RRCC2012-40: AJ – Marshalling at Championships*
Action: RRCC2012-43: RM – Officials Training with RRCC2012-1
Action: RRCC2012-47: All – with Action: RRCC 2012-38
Action: RRCC2012-48: RM/NH – Foreign Athletes living in Scotland
Action: RRCC2012-49: TF – Entry to Championship Races for International Athletes

4. Championships

4.1 Riccarton has been investigated as a possible venue for the YARR championships. Suitable laps have been identified as has a start/finish area. There are no changing facilities at his venue. The action is cleared.

4.2 6/4 stage road relays at Livingston. Due to building work on the usual route for this event an alteration to the route has had to be identified. **Action: RRCC 2012-50: AJ**

4.3 The Celtic Plate Ultra Road Running Championship will be held in Perth on 31/3/2012. It was agreed that the event will be Scottish Championships for both 50K and 100K.

4.4 It was agreed that the inaugural 15K/10K Trail Championships will be held on the Falkland Estate, Fife.
The men's event will be held over 15K and the women's over 10K.
Medals will be awarded for the 1st three individuals in the U20, Senior, Master categories for both men and women and for 1st in both categories for over 50.
Team medals will be awarded for both races with 6 to count for men and 4 to count for women.
The event will be used as a selection race for Nova Great Karrimor Trail event.
Entry fees will be similar to those charged for the National CC Championship.
The details of hosting the event are being negotiated with Fife AC. **Action: RRCC 2012-51: AJ/RM**

4.5 Road & Trail Championships 2013 (some dates to be confirmed)
The following were therefore confirmed as the Scottish Road and Trail Championships for 2013.
5K – Silverknowes 5K
10K – Stirling 10K
10 mile – Tom Scott

Scottish Athletics Limited
Road Running and Cross Country Commission

Half-marathon Great Scottish Run (Glasgow)
Marathon – Inverness
50K – Perth 31/3/2013
100K – Perth 31/3/2013 (Anglo-Celtic Plate)
15K – Falkland 25/5/2013
53 miles – Hoka Highland Fling 27/4/2013

Other Starred Items

5. The Future of Grand Prix Events

Action: RRCC2012-39. TF presented a report on the future of the RR GP with the main points being introduced to improve the quality of the races.

While the success of the GP was without question, particularly in the 5K and 10K events, there was more that could be done to improve the quality of the competition. Tom suggested a different points system, the introduction of elite fields for the marathon and half-marathon and a possible team competition in the Great Scottish run now that Nova was involved. All of these points were agreed and TF will tidy up the report for a later meeting to bring all aspects of the two GP series and the XC Short Course Challenge into 1 document.

Action: RRCC 2012-52: TF/MP

6. Athletes at School in Scotland

With difficulties on the 1st claim status of secondary school pupils it was agreed to extend our Scottish rule on tertiary student to pupils in secondary education.

Action: RRCC 2012-53: RM

7. Marshals at National CC Championships

A paper was put before the Commission by AJ showing which clubs actively supplied marshals for championships. It was agreed, after discussion, the entry form for the National CC Championships should request a named marshal from each of the competing clubs.

Number of marshals required is a minimum of 18.

Action: RRCC 2012-54: AJ

8. Performance and Participation Targets

8.1 This item was held over to the next meeting with Ron/Alex circulating the responses from Commission members.

Action: RRCC2012-47: All

9. Date of Next Meeting

9.1 Wednesday 27th February 2013 at 6.30 p.m. in Scottish Athletics' Offices, South Gyle, Edinburgh.

The meeting closed at 8.25 p.m.